

Quick Start Guide

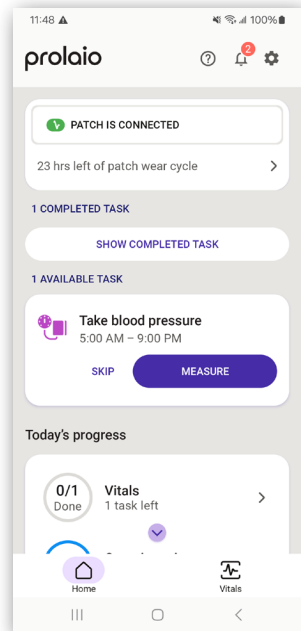
Blood Pressure Monitor

Your kit contains the following supplies:

- A. Blood pressure monitor
- B. Blood pressure cuff
- C. 4 AAA batteries (preInstalled)

Getting started

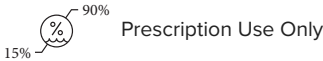
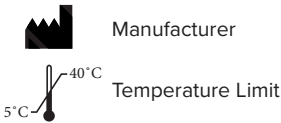
- Make sure the Prolaio phone is turned on.
- The Home Screen will have an action card for a measurement task.
- You can also take measurement as needed.
- Please sit quietly for five minutes, with your legs uncrossed and feet flat on the floor and try not to talk or move. Rest your arm comfortably on a flat surface at heart level



Common Errors Codes

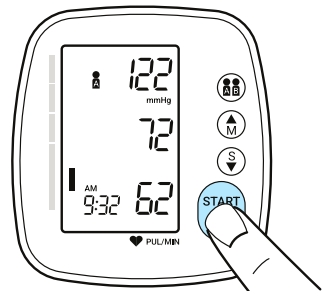
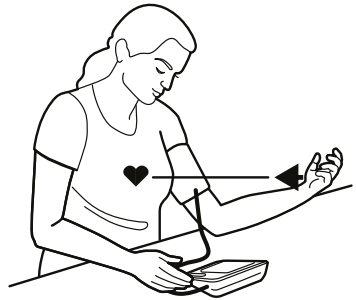
Error	Description	Solution
E1	The cuff is not secure.	Re-apply the cuff and attempt new measurement.
E2	The cuff is too tight.	Re-apply the cuff and attempt new measurement.
E3	The cuff pressure is in excess.	Relax for several minutes and attempt new measurement.
E10 or E11	The monitor detected motion while measuring.	Sit comfortably and remain still; attempt a new measurement.
E20	The measurement process does not detect the pulse signal.	Re-apply the cuff and attempt new measurement.
E21	The unit measured incorrectly.	Relax for a moment and then measure again.
EExx	A calibration error occurred.	Retake the measurement; if the problem persists, contact the Customer Care.
OUT	Out of measurement range.	Relax for several minutes and attempt new measurement; if error persists, review with your physician.

Icon and Description



Blood pressure measurement

- Place the monitor on a flat, stable surface.
- Insert the cuff tubing connector into the port on the left side of the monitor.
- Place the cuff around your left arm, (unless instructed to use your right arm), and then tighten it. Rest your elbow on a solid surface with your palm facing up and elevate your arm so the cuff is at the same level as your heart.
- Press and release the **START*STOP** button to turn on the device.
- Press and release the **START*STOP** button once more to begin taking a measurement.
- You will feel the cuff automatically inflate and tighten as the measurement takes places. Wait for the cuff to deflate, indicating the measurement is complete.

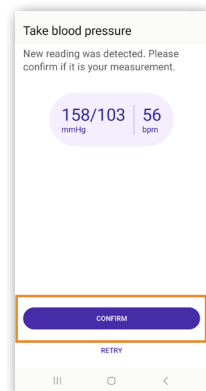
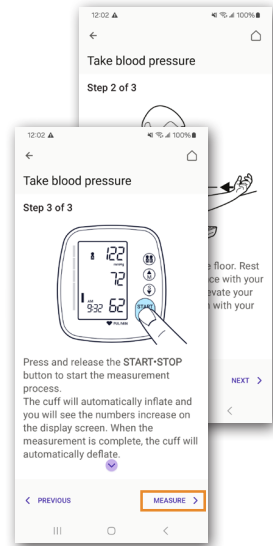


BP measurement task

- Tap **Measure** on the measurement task action card.
- You will be presented with guided measurement instructions on your first measurement.

Tap **Measure**.

- The next time, you can proceed directly to the measurement or use the guided instructions.
 - Once your blood pressure is calculated, you will be presented with a confirmation dialog.
- Tap **Confirm** to accept the measurement.



BP measurement as needed

- Tap the **Blood pressure** action card from the Home Screen.
- Tap **Take Measurement**.
- Follow the same steps as described above.

