



One-Time Setup & Reuse Instructions

Set up the Prolaio message once in your
EHR/EMR (*Epic, Athena, Cerner, etc.*),
then reuse it easily for every patient.

prolaio

Epic (MyChart)

One-time setup:

1. In Epic, go: **Tools → SmartPhrase Manager → New**.
2. **Name:** [prolaio](#) (no dot) • **Description:** At-home heart research invite (IRB 20253114).
3. Paste the **Long portal message** (see Section 2) into the body.
4. **Save.** (Optional) Share with your department. Ask your site's SmartTools/Informatics team to create a Department/System SmartPhrase so everyone uses the same IRB-approved wording.

How to use it every time:

1. Open a **MyChart message** (or After-Visit Summary / In Basket reply).
2. In the message body, type [.prolaio](#) and press Space/Enter to expand.
3. Add a personal line if you wish (avoid PHI), then **Send**.

Where it can be inserted: MyChart message, After-Visit Summary, Discharge/Visit Instructions.

Cerner (HealtheLife)

One-time setup:

1. Open **AutoText Editor** → **New**.
2. **Title/Abbrev:** [prolaio](#) • Type: Message template.
3. Paste the **Long portal message** (Section 2).
4. Save. Note: Admins can publish as **Enterprise AutoText** for Cardiology/HF clinics.

How to use it every time:

1. Start a **Message Center** patient message (or document).
2. Click **Insert AutoText** (lightning-bolt icon) or type the shortcut (if enabled).
3. Insert, review, and **Send**.

athenahealth (athenaCommunicator)

One-time setup (admin):

1. **Settings → Messaging templates → New template.**
2. **Name:** "Prolaio At-Home Heart Study Invite (IRB #20253114)".
3. Paste the **Long portal message** (Section 2).
4. Share to appropriate **roles** (Cardiology/APPs).

How to use it every time:

1. Create a **Patient Communication** (portal message or secure email).
2. Click **Insert Template** → choose **Prolaio Invite** → **Send**.



Patient Message Options

Choose from the messages below to share with your patients. You can send them directly through your EHR/EMR system (*Epic, Cerner, Athena, or similar*)

Subject Line Options

- Information about a voluntary at-home heart health research study
- Research opportunity you may wish to review (no clinic visits)
- Learn about The OCORO Heart Study

Short Message Option

You may wish to review this at-home heart health research study. It is observational (no drugs or medical procedures) and won't change your current care. The purpose of the study is to help researchers understand how heart conditions behave over time - whether they are stable or changing.

- Voluntary at-home participation at no cost
- All wearables/devices provided
- Monthly summary* report of data collected from you during the research that you can choose to share with your care team

See details & check if you may be eligible:

ocoroheartstudy.com/eligibility

This message is informational and not medical advice.

Questions: heartstudy@prolaio.com • 855-869-9054

IRB #20253114

**The monthly summary is provided for informational and for research purposes only. It is not a diagnostic report, it does not constitute medical advice, and it is provided for retrospective review. This report is not a guide for treatment or as a replacement for your doctor's advice.*

Subject Line Options

- Information about a voluntary at-home heart health research study
- Research opportunity you may wish to review (no clinic visits)
- Learn about The OCORO Heart Study

Long Message Option

About this optional research: This is an at-home, observational heart health study that uses wearable devices and secure digital tools to learn from everyday life. There are no study drugs or medical procedures, no required clinic visits, and participation won't change your current care. The purpose of the study is to help researchers understand how heart conditions behave over time- whether they are stable or changing.

- Voluntary at-home participation at no cost
- All wearables/devices will be provided
- Monthly summary* report of data collected from you during the research that you can choose to share with your care team
- Simple tasks you can complete from home; you can stop at any time

Learn more and check whether you may be eligible:

ocoroheartstudy.com/eligibility

This message is informational and not medical advice.

For symptoms or concerns, contact your clinician; in an emergency, call 911.

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