

What happens to me if I agree to take part in this research?

If you decide to take part in this research study, you will be asked questions about your age and health status in order to ensure you qualify to take part in the study. Please share the most accurate assessment you have; if you need to consult medical records to confirm an answer, please do so.

You can participate in this study if you are:

- 18 years of age and older;
- If you believe you have the ability to understand the schedule of activities and can give informed consent;
- Can comply with the schedule of activities such as surveys and wearing or using digital health devices;
- If you can understand and respond to instructions in English; and
- If you have any one of the following Cardiovascular Disease(s) (CVD): **Heart Failure (HF)**, **Aortic Stenosis (AS)**, **Hypertrophic Cardiomyopathy (HCM)**, **Hypertension (HTN)**, or **Dilated Cardiomyopathy (DCM)**.

You will not be able to participate if you have:

- An allergy to adhesive;
- Any disease outside of area under study that is considered life-threatening, such as actively treated cancer or if you are pre-transplant or post-transplant (such as with liver failure, end-stage kidney disease);
- Severe CVD, defined as being admitted to the hospital because of CVD within 30 days of starting this study, or if you have New York Heart Association (NYHA) functional class IV (class 4) disease that is in your chart; or
- If you weigh more than 400 pounds.

What to expect once you qualify

Once you have met the participation criteria, you will be sent a kit of digital health devices that you can wear or use to take measurements as part of the study. You will be given a user guide for each device with detailed instructions for use. You will be asked to wear and interact with devices provided as well as answer a series of questionnaires at various times throughout your participation.